

Spectator Code of Conduct

Please ensure that you read and observe this code of conduct to ensure a safe and enjoyable event for everyone.

Consider whether it is necessary for you to attend as a spectator

Do not travel to the event if you are showing any symptoms of covid-19 outlined by the NHS

Do your homework – make sure you are aware of and understand the pre-race briefing information offered by the event

Be self-sufficient – bring your own hand sanitizer and refreshments

Avoid the most congested areas of the course including the start and finish and plan how you will get to your viewing position

If you are travelling home with a participant, agree a designated meeting place after the race

Avoid physical contact with participants, volunteers or spectators including high fives and hugs etc

Wherever possible keep toilets clear for the use of participants and event staff and volunteers

Be respectful to volunteers and participants

Observe social distancing wherever possible

Carefully consider your travel plans, avoiding public transport if at all possible

Leave more time than you normally would to get to and from the event

Be mindful of your surroundings and impact on other spectators, participants, volunteers and the public. Please dispose of any rubbish responsibly

If you experience COVID symptoms soon after the event, then please make this known through the government's Track & Trace system